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## EDITORIAL

### U3A

The University of the Third Age is an international organisation whose aims are the education and stimulation of mainly retired members of the community - those in their third 'age' of life. It is commonly referred to as U3A.

One British 'definition' of what "The Third Age" means for U3A participants is - "U3A membership is not related to a specific age but to a period in one's life (the third age) after the second age of full-time employment and parental responsibility. Anybody in their third age can join U3A and this includes people who are working part-time. There is no lower age for membership U3A started in France at the Faculty of Social Sciences in Toulouse in 1973. It was started by Prof. Pierre Vellas. In France the Third Age University is mostly associated with a local university. This academic model is used in many other countries, in particular in continental Europe.

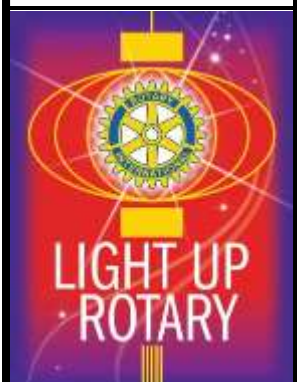
By the early 1980s, the scheme reached the United Kingdom where its nature was radically changed to be more a self-help organisation. This model is also used in Australia, Cyprus, Dominica, New Zealand and South Africa.

In the British model it is acknowledged that retired people have a lifetime of experience and, collectively, a vast amount of knowledge. This is used to arrange a syllabus for each subject where each meeting is normally led by a member of the group with specialist knowledge. Each U3A group pays a capitation fee to the national coordinating body, and has access to a vast range of resources including a multi-media lending library, special interest newsletters and contacts with other groups with similar interests. Summer schools are held by special interest groups. Most importantly, each Group is an absolutely autonomous entity, self-financing and self-managing. Most groups are regional in nature, and this has led to the creation in some countries of variations on the U3A. For example in Cyprus there is a U3A, an organisation called C3A (Cyprus Third Age), which is affiliated to the UK U3A, and P3A (Paphos Third Age).

There are three clubs serving the peninsula. Numerous courses are offered and in the case of the Cape Town club, top class speakers are obtained for the monthly meetings which are held at the Baxter Theatre. Annual membership is a token R50. If you are not familiar with this organisation and have time on your hands, why not come along to one of their meetings, it could be beneficial.

Submitted by String Smith

**ROTARY MONTH  
MEMBERSHIP & EXTENSION**



## MEETING OF 21 AUGUST 2014

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### ATTENDANCE

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**Membership:** 27  
**Present:** 17  
**Make Ups:** 5  
**Apologies:** 4  
**Absent:** 1  
**Attendance:** 81%

Attendance & 'make-ups' to Ann O'Driscoll 082 664 6453 or [annodriscoll9@gmail.com](mailto:annodriscoll9@gmail.com)

**Visitors:** Guests: Hugh Maunder, Keela O'Driscoll, Geoff & Liz Sessions (Newlands RC), Dottie Leveque, Garrick Cox (guest speaker), & Rotaractors: Lee, Jess, Kerri, Chrisleen, Brent, Sintle.

Please  **your** Wynberg Rotary Club on Facebook at <https://www.facebook.com/pages/Rotary-Club-of-Wynberg/115903425126783> to keep up to date with our events and happenings.

President Jackie, back from leave, in the chair, Graham T sergeant and Loyal Toast, Francois proposed International Toast to Nelson RC, New Zealand, Ann O'Driscoll attendance.

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### FROM THE PRESIDENT

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The next meeting will take the form of a hands on service project - watch your emails for details.

Dr Mervyn Moodley has been appointed as the CEO of Victoria Hospital and is very keen for the club to engage in hands on projects as well as the Global Grant investments. He will present Pam with a wishlist in due course

Construction of the hall at Lavender Hill High School has commenced - the steel structure is up and the brickwork has commenced. Expected to be complete by the end of the year. See Wynberg Rotary website for photographs.

District Youth Service Workshop will take place on Saturday 30th August at Wynberg Girls High School.

Mervyn will circulate invitation to his committee, anyone else wishing to attend should speak to Mervyn.

Members are encouraged to attend talk by Dr Rajesh Tandon at UCT - "Knowledge Democracy - Reclaiming Voice for All". It coincides with a board meeting so board members will not be able to attend.

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### SLOTS

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**Alan:** Report back on Baby College

**Graham G:** WGHS Interact had been visited the previous Monday and had been busy preparing presents for a needy school. One pupil is to be sponsored to RYLA next year.

**Justin:** Literacy update - the Literacy Committee met last month and proposed a two-prong approach - support reading programmes in one or two of the Lavender Hill and Grassy Park Schools that responded to Justin; and create classroom libraries in same schools. Candice and Justin to meet with Wordworks and Shine, and Candice to research suitable books and prepare a letter requesting donation of books from local school. Biffy to research supplier of Isiphiwe mini bookshelves. A training programme to be developed for volunteers to run. Justin subsequently mentioned a **bingo evening** being arranged for 5 September by Wynberg Rotaract, perhaps a table of Rotarians? Contact [Chrisleen@yahoo.com](mailto:Chrisleen@yahoo.com) for more information.

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## GUEST SPEAKER

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Lina introduced Garrick Cox who had travelled to the USA at the age of 18 and spent 7 years there. He returned to SA with an American wife who was immediately struck by the poverty existing here. An idea formed of sustained organic farming in which communities could provide their own vegetable needs without the need to purchase pesticides and chemical fertilizers. This would be achieved without earthworks, building up the soil with waste vegetable matter within the motto "Caring for the earth, caring for the people and reinvesting surpluses that this will create."

This "do nothing" farming, thermaculture, envisages for instance planting annual vegetables amongst perennials and earthworks – ploughs replaced with small scale hand labour. A project is being established at Vryegron to feed, educate and uplift 56 children in a farm village atmosphere where surplus organic vegetables could be sold to restaurants. Entitled Edible Landscapes, Rotary may be approached for assistance with this project in the future when ideas are more developed. The talk was most interesting but not an advertisement for farming with minimum water judging by the amount consumed by Garrick during the course of his speech.

Graham T thanked the speaker in his own inimitable manner.

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## DUTY ROSTER

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<b>DUTY</b>	<b>28 August</b>	<b>4 September</b>	<b>11 September</b>	<b>18 September</b>
Sergeant	<b>SOCIAL – WATCH THIS SPACE</b>	Van Eeden	Wetmore	Todd
Attendance Officer		A O'Driscoll	A O'Driscoll	A O'Driscoll
Wynpress Editorial		Jackson	Klotz-Gleave	Lidgley
Minutes for Wynpress		Wetmore	Overbosch	Smith
Compilation of Wynpress		N/A	Wetmore	Overbosch
Door Duty		Danckwerts	Munday	Van Eeden
Grace		Schonegevel	Schreiber	Murphy
Loyal Toast		Schreiber	Smith	Schonegevel
International Toast		Van Niekerk	Van Wyk	Vivian
Speaker Introduction		N/A	TBA	Danckwerts
Speaker Thanks		N/A	Van Niekerk	Van Wyk

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## PROGRAMME

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<b>August 2014</b>	<b>Committee: Bredenkamp, Cleveland, Munday, Howard, van Eeden, Du Plessis</b>
<b>28 August</b>	<b>Barristers: See e-mail from Keela/ Rob</b>
<b>28 August</b>	<b>Retreat Rotaract meeting</b>
<b>September 2014</b>	<b>Committee: James, Danckwerts, Schreiber, Smith, Williams, Lidgley, Gavin</b>
<b>1 September</b>	<b>Wynberg Rotaract meeting</b>
<b>4 September</b>	<b>Business meeting</b>

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5 September	Rotaract Bingo Evening:
11 September	Shelley Windell: Sunflower Fund
11 September	Cheque presentation to Hospice
11 September	Retreat Rotaract meeting
15 September	Wynberg Rotaract meeting
18 September	Normal meeting – Bruce Probyn : Principles Academy
24 September	Heritage Day (Braai day)
25 September	Normal meeting – “Me talk” – Dirk du Plessis
25 September	Retreat Rotaract meeting
25-28 September	RYLA

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October 2014	Committee: Barnard, Bird, Hovstad, Michalowsky, Wetmore, Jackson
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1 October	Interact Workshop
2 October	Business meeting
3 October	School holidays start
6 October	Wynberg Rotaract meeting
9 October	Normal meeting: speaker required
9 October	Retreat Rotaract meeting
13 October	School starts
16 October	Normal meeting: speaker required
18 October	Mini conference
20 October	Wynberg Rotaract meeting
<b>22 October (WED)</b>	<b>DG visit and combined meeting with Kromboom at Kromboom</b>
23 October	No meeting (see 22 Oct)
23 October	Retreat Rotaract meeting
24 October	World Polio Day
29 or 30 October	Social – details to follow
31 October	Constantia Wine Festival / Halloween

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## PRESIDENT'S QUOTES

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**"Make everything as simple as possible, but not simpler" - Albert Einstein**  
The author was identified by Graham T which earned him a port.

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## JACKPOT

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Graham T, Executive Director of the organising committee, advised participants that the amount of R1435 was at stake, but visitor Geoff Sessions could only draw the 8 of Hearts, leaving the jackpot R60 richer. Biffy won the R20 attendance draw – again

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## TAIL PIECE

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### FOR THOSE WHO LOVE THE PHILOSOPHY OF AMBIGUITY, AS WELL AS THE IDIOSYNCRASIES OF THE ENGLISH LANGUAGE:

1. CAN AN ATHEIST GET INSURANCE AGAINST ACTS OF GOD?
2. ONE TEQUILA, TWO TEQUILA, THREE TEQUILA, FLOOR.
3. ATHEISM IS A NON-PROPHET ORGANISATION.
4. IF MAN EVOLVED FROM MONKEYS AND APES, WHY DO WE STILL HAVE MONKEYS AND APES?
5. THE MAIN REASON THAT SANTA IS SO JOLLY IS BECAUSE HE KNOWS WHERE ALL THE BAD GIRLS LIVE.
6. I WENT TO A BOOKSTORE AND ASKED THE SALESWOMAN, "WHERE'S THE SELF- HELP SECTION?" SHE SAID IF SHE TOLD ME, IT WOULD DEFEAT THE PURPOSE.
7. WHAT IF THERE WERE NO HYPOTHETICAL QUESTIONS?
8. IF A DEAF CHILD SIGNS SWEAR WORDS, DOES HIS MOTHER WASH HIS HANDS WITH SOAP?
9. IF SOMEONE WITH MULTIPLE PERSONALITIES THREATENS TO KILL HIMSELF, IS IT CONSIDERED A HOSTAGE SITUATION?
10. IS THERE ANOTHER WORD FOR SYNONYM?
11. WHERE DO FOREST RANGERS GO TO "GET AWAY FROM IT ALL?"
12. WHAT DO YOU DO WHEN YOU SEE AN ENDANGERED ANIMAL EATING AN ENDANGERED PLANT?
13. IF A PARSLEY FARMER IS SUED, CAN THEY GARNISH HIS WAGES?
14. WOULD A FLY WITHOUT WINGS BE CALLED A WALK?
15. WHY IS THERE AN EXPIRATION DATE ON SOUR CREAM?
16. IF A TURTLE DOESN'T HAVE A SHELL, IS HE HOMELESS OR NAKED?
17. CAN VEGETARIANS EAT ANIMAL CRACKERS?
18. IF THE POLICE ARREST A MIME, DO THEY TELL HIM HE HAS THE RIGHT TO REMAIN SILENT?
19. WHY DO THEY PUT BRAILLE ON THE DRIVE-THROUGH BANK MACHINES?
20. HOW DO THEY GET DEER TO CROSS THE ROAD ONLY AT THOSE YELLOW ROAD SIGNS?
21. WHAT WAS THE BEST THING BEFORE SLICED BREAD?
22. ONE NICE THING ABOUT EGOTISTS: THEY DON'T TALK ABOUT OTHER PEOPLE.
23. DOES THE LITTLE MERMAID WEAR AN ALGEBRA?
24. DO INFANTS ENJOY INFANCY AS MUCH AS ADULTS ENJOY ADULTERY?
25. HOW IS IT POSSIBLE TO HAVE A CIVIL WAR?
26. IF ONE SYNCHRONIZED SWIMMER DROWNS, DO THE REST DROWN TOO?
27. IF YOU ATE BOTH PASTA AND ANTIPASTO, WOULD YOU STILL BE HUNGRY?
28. IF YOU TRY TO FAIL, AND SUCCEED, WHICH HAVE YOU DONE?
29. WHOSE CRUEL IDEA WAS IT FOR THE WORD 'LISP' TO HAVE 'S' IN IT?
30. WHY IS IT CALLED TOURIST SEASON IF WE CAN'T SHOOT AT THEM?